

CAREER STEP 7

My favorite
activities to do at
home are:

My favorite
school subjects are:

If I could go any-
where I would go to:

My three greatest
strengths are:

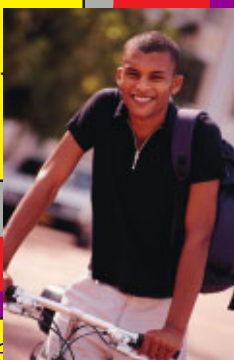
1. -----
2. -----
3. -----

Three things I love
to do are:

1. -----
2. -----
3. -----

Three goals I have
for this year are:

1. -----
2. -----
3. -----





What can your counselor do for you?



Answer the questions below to find out how your counselor can help you with career exploration and planning.

Academic

- | | | |
|---|------------------------------|-----------------------------|
| 1. Do you have good study skills? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 2. Do you have good test taking skills? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 3. Do you need a tutor? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 4. Do you need to plan your courses for next year? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 5. Do you need to figure out what your SOL test scores mean? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 6. Do you need motivation to improve your grades and school participation? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 7. Do you know the relationship between academic achievement and career planning? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| | <input type="checkbox"/> Yes | <input type="checkbox"/> No |

List the totals for :

Academics

☐ Yes

☐ No

Career Planning

☐ Yes

☐ No

Personal/Social

☐ Yes

☐ No

Career Planning

- | | | |
|--|------------------------------|-----------------------------|
| 1. Do you know how to use career information? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 2. Do you know the meaning of the following words? | | |
| Occupation | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Education & Training | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Postsecondary Institution | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Entrance Exams | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Financial Aid | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 3. Have you taken an Interest Inventory? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 4. Have you taken aptitude tests? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 5. Do you know how to write a resume? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 6. Do you know how to fill out a job application? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 7. Do you know how to respond in a job interview? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |

What category do you have the most yes answers?

What category do you have the most no answers?

What are 3 questions you could ask your counselor?

1. _____

2. _____

3. _____

Personal/ Social

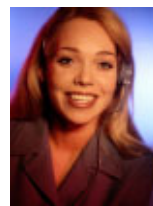
- | | | |
|---|------------------------------|-----------------------------|
| 1. Do you think positively about yourself? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 2. Do you get along with others? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 3. Do you make good decisions? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 4. Can you solve your own problems? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 5. Do you feel like you belong in your school? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 6. Can you manage stress? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 7. Can you work well with others? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 8. Do you understand the relationship between positive self concept and academic achievement? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |

WHO'S WHO?

There are five people below each employed in a different occupation. Using the clues and the chart below, figure out who has what job. Put an "X" in the box when you know a person does not have a specific job.

Occupation Title	Karen	Mark	Chad	Sara	Logan
Veterinary Assistant					
Environmental Analyst					
Preschool Teacher					
Art Therapist					
Newscaster					

- Karen and Sare are allergic to animals and they don't enjoy being around children.
- Chad and Mark are shy and would not like being on TV or the Radio.
- Karen, Logan, and Sara are not very artistic.
- Karen did better in English than in Science at College.
- Logan did not need a 4- year degree to get his job.
- Chad works with both children and adults, whereas Mark works only with young children.
- Sara's main focus is caring for the environment, she likes working outside.



- Logan would like to go to college to continue to work with animals as a veterinarian, which is related to his current occupation.

9. List the job for each below.

Karen _____

Mark _____

Chad _____

Sara _____

Logan _____



- Which occupation would you enjoy the most? _____

Major Match

Fill in the blank beside each occupation with the correct major listed in the middle of the page.



Computer Systems Analyst

Culinary Arts

1.

Chemistry



Toxicologist



Elementary School Teacher

Biological Systems Engineering

3.

Elementary Education

4.



Pharmacist

Computer Science

5.



Agricultural and Biological Systems Engineer



Licensed Professional Counselor

Pharmacy

6.

Architecture

7.

Environmental Science



Chef



Software Engineer

8.

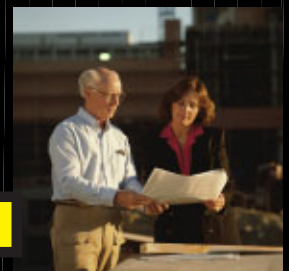
Counseling



Environmental Analyst

Computer Engineering

9.



Architect

10.