OCTOBER ACTIVITIES

October 2nd: National Custodial Workers Day. Custodians are the workers who clean our facilities such as schools, churches, and offices and keep them in good repair. They usually work behind the scenes and seldom receive recognition. Give your custodial workers a big thanks by writing hand-made thank you notes. Related careers: Janitors and Cleaners, Maids and Housekeeping Cleaners.

October 3rd: Virus Appreciation Day. While viruses may seem like a strange think to appreciate, we can all appreciate that they can be very serious! Learn more about viruses and explore kid-friendly tips for staying healthy in school. Related careers: Family and General Practitioners, Health Educators, Nurse Practitioners, and Pediatricians.


October 5th: World Teacher Day. World Teachers’ Day was initiated by the Director-General of UNESCO, Federico Mayor, at the International Conference on Education in 1993. Explore 57 writing prompts for World Teacher Day. Learn more about being a teacher with this hands on activity. Related careers: Art, Drama, and Music Teachers, Chemistry Teachers, History Teachers, Kindergarten Teachers, Psychology Teachers.

October 6th: Physician Assistant Day celebrates and recognizes the importance and skills of this career. The highly trained Physician’s Assistant is an invaluable aide to physicians and general practitioners. There are approximately 40,500 physician assistants in clinical practice across the country. October 6th commemorates the day the first physician assistants graduated from Duke University in North Carolina in 1967. Learn more about what Physician Assistants (PAs) do in this video or explore VCU’s program for Physician Assistants here. Stay healthy with Arthur. Related career: Physician Assistants.

October 14th: Emergency Nurses Day. Emergency Nurses Day salutes the dedication and commitment of emergency nursing professionals, who bring care, comfort, and compassion to patients. Learn more about a Day in the Life of an Emergency Room Nurse. Learn how the human body works at Kidshealth. Check out these lessons about x-rays.

Related careers: Nurse Practitioners, Emergency Medical Technicians and Paramedics, Critical Care Nurses.

October 12th: Columbus Day. Columbus Day, which is annually on the second Monday of October, remembers Christopher Columbus’ arrival to the Americas on October 12, 1492.

Check out a Columbus Day activity set from Scholastic and classroom lessons from BrainPOP. Related careers: Captains, Mates, and Pilots of Water Vessels, Sailors and Marine Oilers, Motorboat Operators, Cartographers and Photogrammetrists.
October 24th: United Nations Day. United Nations is dedicated to world peace, and to the betterment of humanity through a wide range of programs from world hunger to environment and health issues. Learn more about this day and learn about the history of the UN. Check out the United Nation’s page to learn about the UN’s mission, and get information about how students can become involved. Take this U.N. Water Challenge showing what the U.N. is doing around the world to conserve water. Related careers: Political Scientists, Political Science Teachers, Reporters and Correspondents.

October 27th: Navy Day. Navy Day was established on October 27, 1922 by the Navy League of the United States. October 27 was suggested by the Navy League to recognize Theodore Roosevelt’s birthday. Roosevelt had been an Assistant Secretary of the Navy and supported a strong Navy as well as the idea of Navy Day. Explore these preparedness activities from Ready Navy. Related careers: Captains, Mates, and Pilots of Water Vessels, Command and Control Center Specialists, Airfield Operations Specialists, Artillery and Missile Officers.

October 31st: Halloween. Explore a ton of Halloween activities, games, and celebration ideas from Disney Family Halloween Crafts, & PBS Kids! While you’re in the holiday spirit, learn about the history of scarecrows and get tips on picking the perfect pumpkin! Check out Pumpkin Facts: Lessons for kids. To become a pumpkin expert!

Cool Ways to Recycle your Pumpkins:
• Save the seeds. Wash, salt, and roast in an oven until an adult. • Cut up pumpkin into small pieces and add to your compost pile. • Fill hollowed out pumpkins with birdseed or fill with soil and flowers. • Turn the carved side around to decorate for Thanksgiving. • Save seeds from carving and replace after Halloween. • Set the pumpkin in your yard or flower bed. Watch how the pumpkin changes overtime and document with words and drawings. Read Pumpkin Jack by Will Hubbell. Follow the book and see what happens! Recycle your pumpkins for wildlife.

Who grows, harvests, and sells pumpkins? Read more about these careers below. Who makes all of those yummy Halloween treats? With adult supervision, try these recipes. Disney’s Halloween Recipes Kraft Halloween Party Menu

Costume Attendant & Fashion Designer
Practice real skills used by costume designers with these projects:
Scholastic Easy to Make Costumes

Food Batchmakers, Bakers, & Chef
Who makes all of those yummy Halloween treats? With adult supervision, try these recipes. Disney’s Halloween Recipes Kraft Halloween Party Menu

Who grows, harvests, and sells pumpkins?
Food Scientists
Agricultural Inspectors
Farm workers and Laborers
University of Illinois: Pumpkins & More!

Who makes all of those yummy Halloween treats?
Food Batchmakers, Bakers, & Chef

Disney’s Halloween Recipes
Kraft Halloween Party Menu

Fight Bac with this Halloween Safety Flyer.

Created by Virginia Career VIEW, Virginia Tech School of Education www.vacareerview.org